

Martin Frost

Former Congressman (D-TX) and Former Chair of the Caucus

Martin Frost served 26 years as a Congressman from the 24th District of Texas (Dallas-Ft. Worth) from 1979 to 2005. During that time he served eight years in the House Democratic Leadership, four years as Chairman of the Democratic Congressional Campaign Committee (1995-1999) and four years as chair of the House Democratic Caucus (1999-2003). He was a member of the House Rules Committee and the House Budget Committee. Since leaving Congress he served four years as chair of the National Endowment for Democracy (2013-2017) and is currently immediate Past President of the Former Members of Congress Association. He is a speaker on cruise ships about American politics. He holds journalism and history degrees from the University of Missouri and a law degree from Georgetown University Law Center. Frost and former Republican Congressman Tom Davis of Virginia co-authored the recent book, "The Partisan Divide – Congress in Crisis."
