

## Dr. Kim Hires

Global Leadership Burnout Expert, Strategist, Author and host of the Leadership Antidote Podcast

Dr. Kim Hires is an international Keynote Speaker, Strategic Consultant, and Coach who is dedicated to leadership development and helping leaders achieve their highest potential. Her work focuses on burnout prevention and cultivating cultures of well-being which she has been doing for over a decade.

In 2014, after surviving her own experience with burnout, Dr. Kim founded The Nightingale Firm with the mission to ignite regenerative innovation in people and organizations. She has since developed a client portfolio that includes individuals and organizations across a variety of industries and sectors that generate over \$1 billion in annual revenue. Dr. Hires works closely with leaders and teams to co-create cultures that improve well-being, shift paradigms, and ignite innovation from within.

As Kimberly A. Hires, PhD, RN, her professional career includes degrees and experiences from some of the top institutions in the US including Johns Hopkins University, the National Institutes of Health, and the University of Miami. She maintains an honorary faculty appointment with the Durban University of Technology in Durban, South Africa. She is the author of the highly rated book, The Leadership Innovation Manifesto. Dr. Kim is also the host of the Leadership Antidote Podcast where she interviews leaders about their strategies for thriving in times of turbulence and transformation. When not working with leaders, Dr. Kim enjoys spending time with her husband and son in Atlanta, Georgia, USA.